

## **HYDROTHERAPY CLASS TIMETABLE**

As of January 2024

Repat Health Precinct: Repat
Health Precinct, Daws Park
5041

\*Pool entry via steps with handrail, chair lift, swing and full bathroom facilities

Findon Swim School: 322
Grange Road, Kidman Park

\* Chair lift and stairs with rail, full bathroom facilities

Adelaide Hydrotherapy: 111A Welland Avenue, Welland

\* Swing lift and stairs (nil ramp), full bathroom facilities

	Monday	Tuesday	Wednesday	Thursday	Friday
10:00am					
10:30am		Findon Swim Lauren			
11:00am		Findon Swim Lauren			
11:30am				Findon Swim Gavin	
2:00pm					Adelaide Hydro Cathy
5:00pm		The Repat Aaron			
5:30pm		The Repat Aaron			
6:00pm				The Repat Aaron	
6:30pm				The Repat Aaron	

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